

THE PREP

You will get much better results when you properly prep. It all starts with a good canvas! The eyebrow area must be healthy, strong, non-sensitive and non-irritated. Here's how to get your skin ready for the procedure.

- Do not wax/tweeze/ electrolysis or tint your eyebrows one week before the procedure.
- Do not tan two weeks prior or have a sunburned face.
- Do not have any type of facial/peel 2 weeks prior to treatment.
- Discontinue Vitamin A/prescribed Retinol products one month prior to treatment.
- Do not work out the day of the procedure.
- Do not have botox 4 weeks prior- not waiting the appropriate time could cause asymmetrical results.
- Do not take Fish Oil or Vitamin E one week prior (natural blood thinners).

In order to avoid excessive bleeding and poor colour deposit:

- Do not drink alcohol 24 - 48 hours before your tattoo.
- Do not consume coffee the day of your procedure.
- Do not take an aspirin or ibuprofen for pain relief the day of your procedure (this thins the blood).
- Do not taking slimming injections for 8-12 weeks prior.
- These cause excessive bleeding and sensitive skin.



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